

# Christian Journey into Psychology

## GE 130 Understanding and Working Well with Others I: Exploring Psychology

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### Course Overview

GE 130 Understanding and Working Well with Others I: Exploring Psychology

**Credit Hours:** 3hrs

#### Course Description

This course surveys the field of psychology. Emphasis is placed on the evaluation of various psychological theories. Integration with Christian Thought will also be addressed as appropriate. Embark on an exciting journey of self-discovery and personal growth, all the while honing your relational skills to become a catalyst for transformative change in both individuals and organizations. Step into the enthralling realm of neuroscience and psychology, seamlessly intertwined with the profound principles of the Christian faith. Unearth the groundbreaking Next-Gen Brain Paradigm that is reshaping the landscape of psychology and transcending every academic discipline. Experience and master neuroscience-based change strategies for gracefully navigating life's intricate challenges. Be prepared to explore real-life scenarios and engage in interactive exercises that will take your understanding of psychology and the Christian faith to new heights. This course isn't just an educational experience; it's an exhilarating journey that invites you to challenge your perspectives to enhance your personal growth further and align your vocational calling with a faith that empowers you to leave an indelible mark on the world. By the end of this unique, transformative course, your life will be forever changed. Are you ready for this thrilling adventure into the heart and mind of psychology?

### Learning Objectives

By the end of this course, you will be able to:

1. Apply psychological principles to ignite your own personal growth and gain the expertise to facilitate profound transformation in others and within organizations.

2. Analyze the groundbreaking Next-Gen Brain Paradigm that is reshaping the landscape of psychology and transcending every academic discipline.
  3. Explore the rich tapestry of psychology by delving into the foundational theories, concepts, and research methods that have shaped this dynamic field.
  4. Dive into the minds of pivotal thinkers and groundbreaking ideas that have left an indelible mark on the discipline, illuminating the evolution of psychological thought.
  5. Analyze the intricate facets of human emotion, cognition, behavior, and interpersonal dynamics, unraveling the complexities and impact of earlier developmental, relational experiences that are experienced at both the conscious and subconscious level of the brain.
  6. Construct a comprehensive framework that integrates biblical principles and a Christian worldview with traditional psychological perspectives, sometimes challenging previous assumptions of both.
  7. Articulate a concise understanding of the neuroscience change mechanisms behind transformative growth and develop your own strategy for guiding individuals on their journey of personal development and healing.
  8. Explore new ways to live out your faith that empowers you to leave an indelible mark on the world.
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## Instructor Information

Name: Scott Makin

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## Resources

- Cloud, Henry. *Changes That Heal: Four Practical Steps to a Happier, Healthier You*. Grand Rapids: Zondervan, 2018.
- Siegel, Daniel J. *The Developing Mind: How Relationships and the Brain Interact to Shape Who We Are*. New York: Guilford, 2020
- Spielman, Rose M; Jenkins, William J.; Lovett, Marilyn D. "Psychology 2e." (2000) Open Access Textbooks. 1.

## Course Outline

MODULE ONE: BASIC CONCEPTS AND FAITH PRINCIPLES			
Title	Type	Duration	Points
Read and Watch	Input	3hrs	--
Drivers' Meeting	Discussion	2hrs	15
Virtual Classroom	Discussion	1hr	30
Hot Laps	Assignment	2hrs	20
Heat Races	Discussion	3hrs	15
Race Results	Quiz	1hr	10
Feature Race	Submission	3hrs	30
	<b>Totals</b>	<b>15hrs</b>	<b>120</b>

MODULE TWO: THE NEW PARADIGM OF THE BRAIN			
Title	Type	Duration	Points
Read and Watch	Input	4hrs	--
Drivers' Meeting	Discussion	2hrs	15
Virtual Classroom	Discussion	1hr	30
Hot Laps	Assignment	2hrs	20
Heat Races	Discussion	3hrs	15
Race Results	Quiz	1hr	10
Feature Race	Submission	3hrs	30
	<b>Totals</b>	<b>15hrs</b>	<b>120</b>

MODULE THREE: LEARNING, COGNITION, INTELLIGENCE, PERCEPTION, AND CONSCIOUSNESS			
Title	Type	Duration	Points

Read and Watch	Input	5hrs	--
Drivers' Meeting	Discussion	2hrs	15
Virtual Classroom	Discussion	1hr	30
Hot Laps	Assignment	2hrs	20
Heat Races	Discussion	3hrs	15
Race Results	Quiz	1hr	10
Feature Race	Submission	3hrs	30
	<b>Totals</b>	<b>16hrs</b>	<b>120</b>

MODULE FOUR: PERSONALITY AND INDIVIDUAL DIFFERENCES			
Title	Type	Duration	Points
Read and Watch	Input	4hrs	--
Drivers' Meeting	Discussion	2hrs	15
Virtual Classroom	Discussion	1hr	30
Hot Laps	Assignment	2hrs	20
Heat Races	Discussion	3hrs	15
Race Results	Quiz	1hr	10
Feature Race	Submission	3hrs	30
	<b>Totals</b>	<b>15hrs</b>	<b>120</b>

MODULE FIVE: LIFESPAN DEVELOPMENT			
Title	Type	Duration	Points
Read and Watch	Input	4hrs	--
Drivers' Meeting	Discussion	2hrs	15
Virtual Classroom	Discussion	1hr	30

Hot Laps	Assignment	2hrs	20
Heat Races	Discussion	3hrs	15
Race Results	Quiz	1hr	10
Feature Race	Submission	3hrs	30
	<b>Totals</b>	<b>15hrs</b>	<b>120</b>

MODULE SIX: SOCIAL PSYCHOLOGY			
Title	Type	Duration	Points
Read and Watch	Input	4hrs	--
Drivers' Meeting	Discussion	2hrs	15
Virtual Classroom	Discussion	1hr	30
Hot Laps	Assignment	2hrs	20
Heat Races	Discussion	3hrs	15
Race Results	Quiz	1hr	10
Feature Race	Submission	3hrs	30
	<b>Totals</b>	<b>15hrs</b>	<b>120</b>

MODULE SEVEN: MALADJUSTMENT AND DYSFUNCTION			
Title	Type	Duration	Points
Read and Watch	Input	4hrs	--
Drivers' Meeting	Discussion	2hrs	15
Virtual Classroom	Discussion	1hr	30
Hot Laps	Assignment	2hrs	20
Heat Races	Discussion	3hrs	15
Race Results	Quiz	1hr	10
Feature Race	Submission	3hrs	30

	<b>Totals</b>	<b>15hrs</b>	<b>120</b>
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MODULE EIGHT: TRANSFORMATION AND TREATMENT			
Title	Type	Duration	Points
Read and Watch	Input	4hrs	--
Drivers' Meeting	Discussion	2hrs	15
Virtual Classroom	Discussion	1hr	70
Hot Laps	Assignment	2hrs	20
Heat Races	Discussion	3hrs	15
Race Results	Quiz	1hr	10
Feature Race	Submission	3hrs	30
	<b>Totals</b>	<b>16hrs</b>	<b>160</b>

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## Live Sessions

This course has live meetups, typically one hour every module. If you cannot attend, you can recoup most of the points for the session by watching the recording and submitting a 500-word summary/response. Since these sessions will be audio-visually recorded, those who participate with their camera engaged are agreeing to have their video, image, or voice recorded.

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## Grading

Discussion Forums: 240 points

Live Sessions: 280 points

Assignments: 400 points

Quizzes: 80 points

### **Course Grading Scale**

95-100 A (Excellent)	73-76 C (Fair)
90-94 A-	70-72 C-
87-89 B+	67-69 D+
83-86 B (Good)	63-66 D (Poor/Min. Standards)
80-82 B-	60-62 D-
77-79 C+	Below 60 F (Below Min. Standards)

## **Policy/Procedures**

The following are the academic policies and procedures for Kairos University, the university providing academic credit for this course:

### **Academic Honesty**

Kairos University takes seriously the problems of academic dishonesty and cheating, since they reflect directly on one's character. In the case of suspected academic dishonesty on assignments or coursework, the professor or mentor team shall be responsible to decide whether there is a case of carelessness in acknowledging sources or actual academic dishonesty. If there is academic dishonesty, he/she will report to the Chief Academic Officer and Dean. The consequences may range from rejection of the assignment all the way to dismissal. Subsequent proven or admitted cases of academic dishonesty in the same or other classes/coursework will be considered grounds for dismissal from the university with the decision being made by the Chief Academic Officer. Copying, cribbing, or otherwise cheating on examinations shall be treated in the same manner and with the same consequences as academic dishonesty. Submitting the same research paper in two different courses is also not acceptable except by special arrangements with the professors involved. Academic dishonesty on a thesis or degree project report shall be considered grounds for rejection of the thesis or expulsion from the university.

A definition of plagiarism is the use of another author's research, ideas, or language without proper attribution. Plagiarism is intellectual theft. There are many shades of accidental or intentional plagiarism that color the whole picture. Students should avoid any hint of dishonesty by maintaining good research habits and by

paying attention to basic rules of writing and documentation. Carefully distinguish between your ideas and the ideas of others. Give credit where credit is due.

### **Incomplete Course Work**

Students enrolled in class are expected to submit all work by the dates set by the professors and complete all course requirements on or before the last day of the term. In rare situations, professors may grant extensions in the form of incomplete grades with the approval of the Office of Enrollment Management no later than the last Monday of the term. "Rare situations" are just that: the death of an immediate family member or sudden severe illness (usually requiring hospitalization) of the student or his/her immediate family member. Ministry related emergencies (funerals, church conflicts, etc.) are not considered "rare." The date for completion of the work will be arranged with the professor, but cannot extend beyond six weeks after the close of the term. If the work is not completed by the specified date, the grade indicated on the Request for Incomplete form will be entered on the student's record. If the professor is out of the city when an incomplete is due, the student will deliver the assignment to the Office of Enrollment Management and the time of receipt will be recorded. Students may not take additional courses until they have finished incompletes from the previous semester.

### **Accommodations for Disabilities**

Kairos University is committed to providing equal access and reasonable accommodations for students with physical, psychological, and learning disabilities. In compliance with Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990 (ADA), KU does not exclude otherwise qualified persons with disabilities, solely by reason of the disability, from participating in university programs and activities.

Students with disabilities seeking reasonable accommodations must identify their needs to the Registrar. To fully evaluate requests for accommodations, the Office of Enrollment Management requests documentation to verify a student's disability. Details on the submitted documentation needed are outlined in the Kairos University student handbook at [kairos.edu/studenthandbook](http://kairos.edu/studenthandbook).



## **Class Attendance**

Attendance is expected for all classes in which a student is enrolled for credit. The professor will state the attendance policy for each class, and students are held responsible for adhering to the stated policy. Absences should be arranged with the professor.

A student who finds it necessary to be absent from a class, and who has made arrangements with the professor, may ask a fellow student for lecture notes and handouts.

Because of the nature of short-term intensives, no absences are permitted. If circumstances beyond the control of the student make an absence unavoidable, prior arrangement with the professor is required if a student is to receive a passing grade for the course.

Students participating in scheduled learning experiences at a not-for-credit level should visit with the professor individually about his or her expectations for participation.

Zoom etiquette guidelines are available in the Kairos University student handbook at [kairos.edu/studenthandbook](http://kairos.edu/studenthandbook).

## **Petitions for Exceptions**

Petitions for Exceptions Student petitions for exceptions to academic policies may be submitted to the faculty. Such petitions should be submitted well in advance of the particular requirement or deadline. Any oral arrangements made with a professor must be included in the written petition. The report of the action on such petitions will be given to the student with a copy in the student's file in the Office of Enrollment Management.

## **Credit Expectations**

Students are strongly encouraged to think about their school, work, and family obligations when planning out their coursework any given semester. Students should expect to spend a total of three hours per week for 14 weeks for each credit hour or unit of work attempted. Students should also keep in mind that some

courses require more than the average amount of time, and that workload will vary throughout the semester. Total hours per credit hour or unit are: 240-260 total hours for 6 credits; 120-130 total hours = 3 credits or units; 80-90 total hours for 2 credits or units; and 38-48 for 1 credit or unit.

### **Library Resources**

Kairos University is a member of The Digital Theological Library (DTL), which is a digital library of religious and theological studies. In addition to an embedded version of the catalog search, the DTL also includes other resources like libguides, an A-Z list, and more. Details on how to access the Kairos DTL are available from your Kairos advisor.